

Home Care Services in San Luis Obispo County

The following list was compiled by Senior Connection, a program of the Area Agency on Aging. 800-510-2020

The information is not a complete listing of Home Care providers. This list is not a referral or recommendation of any service provider. Senior Connection suggests that those seeking Home Care Services verify the information on the list and research at least 3 providers before making a selection.

Important Information

Home Care:

Home Care (also called homemaker services, personal care or custodial care) is non-medical in-home assistance. It includes tasks like companionship, housekeeping, assistance with transportation, hygiene, toileting and more. Currently, caregivers are not required by law to have any special training or meet any criteria other than those specified by the employer. **These services are not covered by Medicare, Medicare supplements or any other health insurance plans.** They may be covered under a long-term care insurance policy. The typical rate in California as of 2023 is \$40 per hour.

Home Health Care:

Home Health Care (also called Skilled Nursing) is medical assistance in the home. This includes services that must be performed by trained medical personnel including injections, wound care, physical therapy, medical hospice care, etc. Home Health Care Companies must be licensed by the state and the personnel must keep up their individual professional licenses. **This is not a list of Home Health Agencies. For a list of licensed Home Health Agencies call Senior Connection at 800-510-2020.**

Home Care Company List:

A Home Care Company is a business that employs caregivers for in-home care clients. They provide the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

Home Care Registry List:

A Home Care Registry is a business that helps its customers select caregivers. These businesses may provide the following services: scheduling caregivers, general liability and workers compensation insurance, caregiver background checks, and payroll services. Consumers are advised to seek further information on employment tax and personal liabilities associated with hiring in home caregivers through a registry to fully understand the additional risk and/ or cost of these services. **The Area Agency on Aging's Hiring in Home Help Guide provides information on hiring caregivers and can be obtained by calling the Senior Connection program at 800-510-2020 or (805)-928-2552.**

Services Provided:

Home care agencies generally provide the services listed below. It is always a good idea to verify your specific needs with the agency directly to make sure they can provide that level of care.

Homemaker - Preparation of food (feeding is personal care), light housekeeping, washing and folding clothes, other asks around the house.

Personal Care - Bathing, dressing, toileting, hygiene, feeding, mobility assistance

Companionship – Conversating, playing cards or board games, participating in hobbies

Alzheimer's/ Dementia- Care for seniors with Alzheimer's or dementia to help improve quality of life.

Errands - Grocery shopping, mail organization, pet care (feeding/ walking)

Transportation– Driving to appointments & activities

Respite- Available to support family caregivers and to give them some time to take care of themselves

24HR– 24 HR/ Overnight care*

End of Life Care- Provides end of life/ hospice care

*Due to changes in state law, home care workers must be paid overtime at time and a half for every hour beyond 9 hours a day and 45 hours a week. This may impact shift scheduling.

Arroyo Grande:

<p>Family Home Care Phone: (805) 481-6081 Address: 121 W. Branch St, STE B-1 Arroyo Grande 93420 Website: familyinhomecare.com Area Served: San Luis Obispo & Northern Santa Barbara</p>	<p>Notes:</p>
<p>Sweet Home California Phone: (805) 540-0647 Address: 1073 Old Oak Park Rd Arroyo Grande 93420 Website: sweethomecareca.com Area Served: San Luis Obispo County</p>	<p>Notes:</p>
<p>Superior Home Care Phone: (805) 737-4357 Address: 121 N. Halcyon Rd Arroyo Grande 93420 Website: superiorseniorhomecare.com Area Served: San Luis Obispo & Santa Barbara County</p>	<p>Notes:</p>

Atascadero:

<p>AMDAL In-Home Care Phone: (805) 464-0108 Address: 8315 Morro Rd. #101 Atascadero, CA 93422 Website: amdalinhome.com Area Served: San Luis Obispo County</p>	<p>Notes: No minimum number of shifts required. Offers on-call services.</p>
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Morro Bay:

<p>Comfort Keepers Phone: (805) 528-8862 Address: 615 Main St, Morro Bay 93442 Website: comfortkeepers.com/offices/california/los-osos/ Area Served: San Luis Obispo & Santa Barbara County</p>	<p>Notes: Offers technology support to help keep seniors in touch with family and friends.</p>
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Paso Robles:

<p>Seniors Helping Seniors Phone: (805) 369-2110 Address: 558 Spring St. Paso Robles, CA 93446 Website: seniorcareslo.com Area Served: San Luis Obispo County</p>	<p>Notes: Offers light handyman services & small repairs.</p>
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San Luis Obispo:

All Ways Caring HomeCare Phone: (805) 430-9529 Address: 3220 S. Higuera, STE. 307 San Luis Obispo, CA 93401 Website: allwayscaring.com/location/all-ways-caring-homecare-san-luis-obispo-california Area Served: Santa Barbara & San Luis Obispo County	Notes:
Arosa Phone: (805) 687-8766 Address: 1402 March St. San Luis Obispo, CA 93401 Website: arosacare.com/locations/central-coast/ Area Served: Santa Barbara & San Luis Obispo County	Notes:
Home Instead Phone: (805) 473-5781 Address: 705 Fiero Ln, STE. 11 San Luis Obispo, CA 9340 Website: homeinstead.com/location/345/home-care-services Area Served: San Luis Obispo County	Notes:
Maxim Healthcare Services Phone: (805) 788-0456 Address: 735 Tank Farm Rd., STE. 290 San Luis Obispo, CA 93401 Website: maximhealthcare.com/maxim-healthcare-locations/san-luis-obispo-ca Area Served: San Luis Obispo County	Notes:
Monarch Home Care Phone: (805) 542-9740 Address: 3220 S. Higuera St. STE. 308 San Luis Obispo, CA 93401 Website: monarchhomecare.net Area Served: San Luis Obispo County & Santa Maria	Notes: Homemaker, personal care, shopping, 24 hr, organize bills (no writing checks), pet care.
Senior Helpers of San Luis Obispo County Phone: (805) 461-5892 Address: 3442 Empressa Drive, STE. C San Luis Obispo, CA 93401 Website: seniorhelpers.com/ca/san-luis-obispo/ Area Served: San Luis Obispo County	Notes:
Visiting Angels of SLO County Phone: (805) 546-2080 Address: 3211 Broad St., STE. 105 San Luis Obispo, CA 93401 Website: visitingangels.com/slo/home Area Served: San Luis Obispo County	

Home care agencies located in Santa Barbara County that services some or all of San Luis Obispo County

Santa Maria:

<p>Coast Family Home Care Phone: (805) 934-0600 Address: 900 E. Main Street, #103 Santa Maria, CA 93454 Website: coastfamilyhomecare.com Area Served: Santa Barbara & San Luis Obispo County</p>	<p>Notes:</p>
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Registry List

The following businesses provide assistance in finding and coordinating caregiving services. The complete costs of caregiving services (liability insurances and payroll taxes) may not be included in the hourly rate. Consumers are advised to seek further information on employment tax and personal liabilities associated with hiring in home caregivers to fully understand the additional risk and/or cost of these services.

<p>Central Coast Caregiver Associates Phone: (805) 461-5339 Address: 7395 El Camino Real Suite #104 Atascadero, CA 93422 Website: Area Served: San Luis Obispo & North Santa Barbara Counties</p>	<p>Notes: We have served San Luis Obispo and Santa Barbara Counties for 17 years. Locally owned and operated. We have quality and highly experienced caregivers.</p>
<p>Extended Family Associates Phone: (805) 801-2512 Address: 3949-7 Broad St Box 10 San Luis Obispo, CA 93401 Website: efaslo.com Area Served: San Luis Obispo & North Santa Barbara Counties</p>	<p>Notes: Specialize in keeping your loved ones at home. Can assist in selecting a private caregiver and provide care management. 30 years of experience as an RN. Member of the National Association of Professional Geriatric Care Managers.</p>
<p>Independent Living Resource Center Phone: (805) 461-1162 Address: 51 Zaca Lane #140 San Luis Obispo, CA 93401 Website: ilrc-trico.org Area Served: San Luis Obispo & Santa Barbara Counties</p>	<p>Notes: ILRC's Community Living Advocates are available to help with applying for personal assistance services. This may be via In Home Supportive Services Programs, ILRC's Personal Assistant Registry, or by exploring other options to get you the support you need to remain in your home.</p>